

| Region (North/ | Name of Dementia Go-To Point (GTP) | Address | Postal Code | Opening hours |
|----------------|--|--|-------------|---|
| NORTH | NTUC Health Senior Day Care (Silver Circle) Pu | 571 Hougang St51 #01-119 | 530571 | Monday - Friday: 7am - 7pm |
| NORTH | NTUC FairPrice | Blk 682 Hougang Ave 4 #01-310 (530682) | (530682) | Daily: 24 hours |
| NORTH | TOUCHpoint@AMK 433 | Blk 433 Ang Mo Kio Ave 10, #01-1415 | 560433 | Monday - Friday: 9am to 3pm |
| NORTH | Cheng San Family Service Centre | 445 Ang Mo Kio Ave 10 #01-1647 | 560445 | Monday, Thursday and Friday: 9am - 6pm, Tuesday and Wednesday: 9am - 9:30pm |
| NORTH | AMKFSC Community Services Ltd | Blk 510 Ang Mo Kio Ave 8, #01-2556, | 560510 | Monday - Friday: 9am – 6pm |
| NORTH | GainHealth Clinic and Homecare | Block 531 Ang Mo Kio Ave 10, #01-2447 | 560531 | Monday - Friday: 9am - 9pm, Saturday: 9am - 5pm, Closed on Sundays & PHs |
| NORTH | Well Family Clinic and Surgery | Blk 555 Ang Mo Kio Avenue 10 #01-1948 | 560555 | Daily: 8am – 11pm |
| NORTH | Sheng Siong Supermarket | 2 Ang Mo Kio Drive, ITE College Central, #A1-1 | 567720 | Daily: 7am - 10pm |
| NORTH | Yio Chu Kang Station | 3000 Ang Mo Kio Ave 8 | 569813 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Ang Mo Kio Station | 2450 Ang Mo Kio Ave 8 | 569811 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | Blk 453 Ang Mo Kio Ave 10 #01-1801, (560453) | 560453 | Daily: 24 hours |
| NORTH | Yio Chu Kang Interchange (YCI) | 3002 Ang Mo Kio Avenue 8 | 567728 | Daily: 5am - 12.30am |
| NORTH | Sheng Siong Supermarket | Blk 417, Fernvale Link, #01-11 | 790417 | Daily: 24 hours |
| NORTH | Sheng Siong Supermarket | Blk 455, Sengkang West Avenue, #01-16 | 790455 | Daily: 24 hours |
| NORTH | Sheng Siong Supermarket | Blk 473, Fernvale Street, #01-06 | 790473 | Daily: 24 hours |
| NORTH | MWS Senior Activity Centre - Fernvale Rivergr | Blk 473A Fernvale Street, #01-17 | 791473 | Monday - Friday: 9am - 5pm |
| NORTH | NTUC FairPrice | Blk 447A Jalan Kayu #01-01/02 (791447) | (791447) | Daily: 24 hours |
| NORTH | NTUC FairPrice Finest | 33 Sengkang West Avenue #B2-24 Seletar Mal | (797653) | Daily: 24 hours |
| NORTH | SATA CommHealth Community Hub | Blk 447B Jalan Kayu #01-01 Fernvale Lodge | 792447 | Daily: 10am - 6pm, Closed on PHs |
| NORTH | Sheng Siong Supermarket | 19 Serangoon North Avenue 5 | 554913 | Daily: 24 hours |
| NORTH | NTUC FairPrice Xtra | No.1 Hougang St 91 #02-01 Hougang 1 (53869) | (538692) | Daily: 7am - 11pm |
| NORTH | Sheng Siong Supermarket | Blk 233, Ang Mo Kio Avenue 3, #01-1168 | 560233 | Daily: 24 hours |
| NORTH | Family Services @ Teck Ghee | 323 Ang Mo Kio Avenue 3 #01-1960 | 560323 | Monday - Friday (except Wednesday): 9am - 6pm, Wednesday: 12:30pm to 9:30pm |
| NORTH | AMKFSC Community Services Limited | Blk 469, Ang Mo Kio Ave 10 #01-940 | 560469 | Monday - Friday: 9am – 6pm |
| NORTH | SATA CommHealth Ang Mo Kio Medical Centr | Blk 715 Ang Mo Kio Avenue 6#01-4008/4010 | 560715 | Monday - Friday: 8.30am - 9pm, Saturday: 8.30am - 1pm, Closed on Sundays |
| NORTH | Teck Ghee Vista RN | Blk 309B, Ang Mo Kio Street 31, #01-01 Avenu | 563309 | Contact Teck Ghee Community Club for details at 6456 7123 |
| NORTH | MWS Senior Activity Centre - Teck Ghee Vista | Blk 307D Ang Mo Kio Ave 1, #01-01 | 564307 | Monday - Friday: 9am - 5pm |
| NORTH | NTUC FairPrice | Blk 215 Ang Mo Kio Ave 1 #01-877 S(560215) | (560215) | Daily: 24 hours |
| NORTH | NTUC FairPrice Xtra | 53 Ang Mo Kio Ave 3 Ang Mo Kio Hub #B2-40 | (569933) | Daily: 24 hours |
| NORTH | LB SAC @ 318 ANG MO KIO | Blk 318 #01 – 1453 Ang Mo Kio Ave 1 | 560318 | Monday - Friday: 9am - 6pm |
| NORTH | AMKFSC Community Services Limited | Blk 420, Ang Mo Kio Ave 10, #01-1143 | 560420 | Monday - Friday: 9am – 6pm |
| NORTH | Ang Mo Kio Interchange (AMI) | 57 Ang Mo Kio Avenue 8 | 567751 | Daily: 5am - 1am |
| NORTH | St Luke's ElderCare (Ang Mo Kio Centre) | 2 Ang Mo Kio Street 23 | 569341 | Daily: 7am - 7pm |
| NORTH | St Luke's ElderCare (Ang Mo Kio Polyclinic Cer | 21 Ang Mo Kio Central 2, #02-01 | 569666 | Monday - Friday: 7.30am - 6pm |
| NORTH | MWS Active Ageing Centre - Kebun Baru | Blk 180 Ang Mo Kio Ave 5, #01-2980 | 560180 | Monday - Friday: 9am - 5pm |
| NORTH | St Luke's ElderCare (Kebun Baru Centre) | Blk 216 Ang Mo Kio Avenue 4, #04-01 | 569897 | Monday - Friday: 7am - 7pm |
| NORTH | Mayflower (TEL) | 91 Ang Mo Kio Avenue 4 | 569900 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Fei Yue Active Ageing Centre (Limbang) | Blk 536 Choa Chu Kang Street 51 #01-142 | 680536 | Monday - Friday 9.30am - 6pm |
| NORTH | Kranji (NSL) | 960 Woodlands Road | 738702 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | Blk 533 Choa Chu Kang St 51 #01-01 Limbang S | (680533) | Daily: 7am-11pm |
| NORTH | NTUC Health Day Centre for Seniors(Marsiling | 172 Woodlands St13 #01-303 | 730172 | Monday - Friday: 7am - 7pm |
| NORTH | Sheng Siong Supermarket | Blk 182, Woodlands Street 13, #01-01 | 730182 | Daily: 24 hours |
| NORTH | Sheng Siong Supermarket | Blk 202, Marsiling Drive, #01-138 & #01-150 | 730202 | Daily: 24 hours |
| NORTH | NTUC Health AAC (Marsiling) | Blk 180A Marsiling Road #01-2208 | 731180 | Monday - Friday: 9am - 6pm, Saturday: 9am - 1pm, Closed on Sundays and PHs |
| NORTH | Woodlands (TEL) | 11 Woodlands Square, #B1-01 | 737736 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Woodlands Integrated Transport Hub | 30 Woodlands Ave 2 | 738343 | Daily: 5.30am - 1am |
| NORTH | Woodlands Station | 30 Woodlands Ave 2 | 738343 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Sheng Siong Supermarket | Blk 4, Woodlands Street 12, #02-61 | 738623 | Daily: 24 hours |
| NORTH | Woodlands Temp Bus Interchange | 3A Woodlands Square | 737735 | Daily: 5am - 1am |
| NORTH | NTUC FairPrice | 900 South Woodlands Drive #B1-01, Woodlan | (730900) | Daily: 7am-11pm |
| NORTH | NTUC FairPrice Finest | 1 Woodlands Square #B1-31 to 33 Causeway P | (738099) | Daily: 8am-11pm |
| NORTH | SATA CommHealth Woodlands Medical Centr | Blk 900 South Woodlands Drive #04-01 Woodl | 730900 | Monday - Friday: 8.30am - 9pm, Saturday: 8.30am - 1pm, Closed on Sundays |
| NORTH | Sheng Siong Supermarket | Blk 301, Woodlands Street 31, #01-217 | 730301 | Daily: 24 hours |

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| NORTH | Club HEAL @ Marsiling (North) | Blk 317 Woodlands St 31 #01-194 | 730317 | Monday - Friday: 9am - 4pm |
| NORTH | Marsiling (NSL) | 71 Woodlands Avenue 3 | 739044 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | Blk 888 Woodlands Dr 50 #01-757 (730888) | (730888) | Daily: 24 hours |
| NORTH | NTUC FairPrice | Blk 570B Woodlands Ave 1 #01-06 (732570) | (732570) | Daily: 8am-10pm |
| NORTH | NTUC FairPrice | 71 Woodlands Ave 3 #01-01 Marsiling MRT Sta | (739044) | Daily: 7am-11.30pm |
| NORTH | NTUC FairPrice Finest | 30 Woodlands Ave 1 #01-11 The Woodgrove (| (739065) | Daily: 24 hours |
| NORTH | Yew Tee (NSL) | 61 Choa Chu Kang Drive | 689715 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | 21 Choa Chu Kang North 6 Yew Tee Point, #B1 | (689578) | Daily: 7am-11pm |
| NORTH | NTUC FairPrice Finest | 61 Choa Chu Kang Drive, #01-01 Yew Tee MRT | (689715) | Daily: 24 hours |
| NORTH | Nam Hong Welfare Service Society | Blk 111 Yishun Ring Road #01-375 | 760111 | Monday - Friday: 9am - 12.30pm, 1.30 pm - 5.30pm, 6.30pm - 9.00pm, Saturday: 9am - 12.30pm |
| NORTH | St Luke's ElderCare (Chong Pang Centre) | Blk 113 Yishun Ring Road #01-457 | 760113 | Monday - Friday: 8.30am - 6pm |
| NORTH | Wellness Kampung @ 115 (Chong Pang) | 115 Yishun Ring Road, #01-495 | 760115 | Monday - Friday: 8.30am- 5pm |
| NORTH | Thye Hua Kwan (THK) Moral Charities (Chong | Blk 131 Yishun Street 11 #01-235 | 760131 | Monday - Friday: 8.30am - 6pm |
| NORTH | TOUCH Active Ageing (Yishun 162) | Blk 162 Yishun Street 11 #01-270 | 760162 | Monday - Friday: 8am - 5pm (12pm-1pm Lunch Break) |
| NORTH | Chong Pang Zone 7 RC | 287, Yishun Ave 6, #01-66 | 760287 | Contact Chong Pang Community Club for details at 6758 8258 |
| NORTH | Chong Pang Community Club | 126 Yishun St 11 #01-427 | 760126 | Daily: 10am - 6pm, Closed on PHs |
| NORTH | Sheng Siong Supermarket | Blk 675, Yishun Avenue 4, #01-10 | 760675 | Daily: 24 hours |
| NORTH | Anglican Care Centre (Yishun) | Blk 707 Yishun Avenue 5 #01-36 | 760707 | Monday – Friday: 8.30am – 6pm |
| NORTH | AWWA Dementia Day Care Centre @ Yishun | Blk 740 Yishun Ave 5 #01-490 | 760740 | Daily: 11am - 10pm |
| NORTH | Wellness Kampung @ 260 (Nee Soon East) | 765 Yishun Street 72, #01-366 | 760765 | Monday - Friday: 8.30am- 5pm |
| NORTH | St Luke's ElderCare (Nee Soon Central Centre) | Blk 766 Yishun Ave 3 #01-295 | 760766 | Monday - Friday: 7.30am - 6pm |
| NORTH | Sheng Siong Supermarket | Blk 925, Yishun Centre 1, #01-211 | 760925 | Daily: 7am - 11pm |
| NORTH | WeCare Concierge @ Yishun Integrated Trans | 920, Yishun Avenue 2 | 769100 | Daily: 5am - 1am |
| NORTH | Yishun Bus Interchange (YITH) | 920 Yishun Avenue 2 | 769100 | Daily: 5.30am - 1.30am |
| NORTH | NTUC FairPrice | 1 Northpoint Drive, Northpoint City #B2-103 to | (768019) | Daily: 8am-11pm |
| NORTH | NTUC FairPrice Finest | 598 Yishun Ring Road #01-01, Wisteria Mall, (7 | (768698) | Daily: 8am - 11pm |
| NORTH | NTUC FairPrice | 301 Yishun Ave 2, #01-02 Yishun MRT Station (| (769093) | Daily: 7am-11.30pm |
| NORTH | Sree Narayana Mission Singapore | 12 Yishun Avenue 5 | 768992 | Daily: 9am - 6pm |
| NORTH | Khatib Spring RC | Blk 721 Yishun Street 71 #01-259 | 760721 | Monday - Tuesday: 11:30am - 9pm, Thursday - Friday: 11:30am - 9pm, Sunday: 8am - 3pm, Closed on Wednesday and Saturday |
| NORTH | Yishun Station | 301 Yishun Avenue 2 | 769093 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | St Luke's ElderCare (Nee Soon East Centre) | Blk 260 Yishun Street 22 #01-97 | 760260 | Monday - Friday: 7.30am - 6pm |
| NORTH | Wellness Kampung @ 765 (Nee Soon Central) | 260 Yishun Street 22, #01-87 | 760260 | Monday - Friday: 8.30am- 5pm |
| NORTH | Nee Soon East Community Club | 1 Yishun Avenue 9 | 768893 | Daily: 10am - 6pm, Closed on PHs |
| NORTH | Sheng Siong Supermarket | 18 Yishun Avenue 9, Junction 9, #02-06 | 768897 | Daily: 7am-11pm |
| NORTH | NTUC FairPrice | Blk 414 Yishun Ring Rd #01-1853 (760414) | (760414) | Daily: 24 hours |
| NORTH | Anglican Senior Centre (Yishun) | Blk 426A Yishun Ave 11 #01-74 | 761426 | Monday - Friday: 8am - 6pm |
| NORTH | TOUCH Active Ageing (Yishun 436) | Blk 436 Yishun Ave 11 #01-224 | 760436 | Monday - Friday: 8am - 5pm (12pm-1pm Lunch Break) |
| NORTH | Nee Soon South Zone B RC | Blk 783 Yishun Ring Road #01-3536 | 760783 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | Nee Soon South Zone C RC | Blk 804 Yishun Ring Road #01-4321 | 760804 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | SASCO @ Khatib | Blk 813 Yishun Ring Road #01-01 | 760813 | Monday - Friday: 7am - 7pm, Saturday: 7am - 1pm |
| NORTH | Nee Soon South Zone D RC | Blk 832 Yishun Street 81 #01-436 | 760832 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | GoodLife! Yishun | Blk 838 Yishun St 81 #01-322 | 760838 | Monday - Friday: 9am - 6pm |
| NORTH | Nee Soon South Wellness Centre | Blk 839 Yishun Street 81 #01-298 | 760839 | Daily: 9am to 8pm, Closed on PHs |
| NORTH | Sheng Siong Supermarket | Blk 845, Yishun Street 81, #01-184 | 760845 | Daily: 24 hours |
| NORTH | Clarity Singapore Limited | Blk 854 Yishun Ring Road #01-3511 | 760854 | Monday, Wednesday: 10am - 4.30pm, by appointment only |
| NORTH | Nee Soon South Zone E RC | Blk 858 Yishun Avenue 4 #01-91 | 760858 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | Nee Soon South Zone F RC | Blk 868 Yishun Street 81 #01-99 | 760868 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | Nee Soon South Zone H RC | Blk 508B Yishun Avenue 4 #01-52 | 762508 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | Nee Soon South Zone G RC | Blk 505C Yishun Street 51 #01-56 | 763505 | Contact Nee Soon South Constituency Office for details at 6753 3121 |
| NORTH | Nee Soon South Community Club | 30 Yishun Street 81 | 768455 | Daily: 10am - 6pm, Closed on PHs |
| NORTH | Khatib (NSL) | 201 Yishun Avenue 2 | 769092 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Springleaf (TEL) | 825 Upper Thomson Road | 787140 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | Blk 849 Yishun Ring Rd #01-3703 (760849) | (760849) | Daily: 24 hours |

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| NORTH | Sheng Siong Supermarket | Blk 573, Woodlands Drive 16, #02-01 | 730573 | Daily: 24 hours |
| NORTH | Woodlands South (TEL) | 30 Woodlands Drive 17 | 737741 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Sheng Siong Supermarket | Blk 105, CanBerra Street, #02-05 | 750105 | Daily: 24 hours |
| NORTH | TOUCH Active Ageing (Wellington) | 513 Wellington Circle #01-34 | 750513 | Monday - Friday: 8am - 5pm (12pm-1pm Lunch Break) |
| NORTH | Canberra Station | 11 Canberra Link | 756972 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Sembawang Bus Interchange | 11A Sembawang Vista | 757527 | Daily: 5.30am - 1.30am |
| NORTH | Sembawang (NSL) | 11 Canberra Road | 759775 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | Blk 133 Canberra View #B1-03/04, Canberra P | (750133) | Daily: 8am-11pm |
| NORTH | NTUC FairPrice | Blk 355 Sembawang Way #01-01 (750355) | (750355) | Daily: 24 hours |
| NORTH | NTUC FairPrice | Blk 511 Canberra Road #02-03 (750511) | (750511) | Daily: 7am-11pm |
| NORTH | NTUC FairPrice | 30 Sembawang Drive #B1-01/02 Sun Plaza (75 | (757713) | Daily: 8am-11pm |
| NORTH | Sheng Siong Supermarket | Blk 785E, Woodlands Rise, #01-01 | 735785 | Daily: 24 hours |
| NORTH | Sheng Siong Supermarket | 200 Woodlands Industrial Park E7, #01-30 | 757177 | Daily: 7am - 12am |
| NORTH | Sembawang Zone B RC | Blk 708 Woodlands Dr 70 #01-19 | 730708 | |
| NORTH | Sembawang Zone C RC | Blk 728 Woodlands Circle #01-69 | 730728 | Monday - Friday: 1pm - 9pm |
| NORTH | Woodland Care Home | 2 Woodland Rise | 737749 | Daily: 24 hours |
| NORTH | Woodlands North (TEL) | 20 Woodlands North Coast Road | 737668 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Admiralty (NSL) | 70 Woodlands Avenue 7 | 738344 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | NTUC FairPrice | Blk 676 Woodlands Drive 71 #B1-02, Kampung | (730676) | Daily: 24 hours |
| NORTH | Woodlands Zone 7 RN | Blk 611 Woodlands Ring Road #01-211 | 730611 | |
| NORTH | Woodlands Zone 8 RN | Blk 638 Woodlands Ring Road #01-49 | 730638 | |
| NORTH | Woodlands Zone 9 RN | Blk 656 Woodlands Ring Road #01-356 | 730656 | |
| NORTH | NTUC Health Day Centre for Seniors (Kampon | 676 Woodlands Drive 71,level7 | 730676 | Monday - Friday: 7am - 7pm |
| NORTH | Woodlands Zone 1 RN | Blk 832 Woodlands St 83 #01-65 | 730832 | |
| NORTH | Woodlands Zone 2 RN | Blk 846 Woodlands Ave 4 #01-612 | 730846 | |
| NORTH | Woodlands Zone 4 RN | Blk 862 Woodlands Dr 42 #01-184 | 730862 | |
| NORTH | Woodlands Zone 3 RN | Blk 876 Woodlands Ave 9 #01-256 | 730876 | |
| NORTH | Woodlands CC | Blk 1 Woodlands St 81 #01-01 | 738526 | Daily: 10am - 6pm, Closed on PHs |
| NORTH | Woodlands Galaxy CC | Blk 31 Woodlands Ave 6 #01-01 | 738991 | Daily: 10am - 6pm, Closed on PHs |
| NORTH | Sheng Siong Supermarket | Blk 122, Ang Mo Kio Avenue 3, #01-1753/1755 | 560122 | Daily: 24 hours |
| NORTH | AWWA Senior Activity Centre | Blk 123, #01-4011 Ang Mo Kio Ave 6 | 560123 | Monday - Friday: 8.30am – 5.30pm |
| NORTH | The Lentor Residence Pte Ltd | 51 Lentor Avenue | 786876 | Monday - Friday: 8.30am - 5.30pm |
| NORTH | Lentor (TEL) | 1 Lentor Drive | 789361 | http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/ |
| NORTH | Thye Hua Kwan Active Aging Centre @ Ang M | Blk 645, Ang Mo Kio Avenue 6 #01-4937 | 560645 | Monday - Friday: 8.30am – 5.30pm, Saturday: 8.30am – 12.30pm |