

Region (North/	Name of Dementia Go-To Point (GTP)	Address	Postal Code	Opening hours
EAST	DT30 Bedok Reservoir Station	371 Bedok North Ave 3	469724	Daily: 5.48am - 12.30am
EAST	GoodLife! Bedok	Blk 613A Bedok Reservoir Road #01-1364	471613	Daily: 9am - 6pm
EAST	Sheng Siong Supermarket	Blk 739A, Bedok Reservoir Road, #01-01	471739	Daily: 24 hours
EAST	NTUC FairPrice	Blk 745 Bedok Reservoir Rd #01-3015 (470745)	(470745)	Daily: 24 hours
EAST	NTUC FairPrice	#B1-07 Hougang Mall 90 Hougang Ave 10 (538766)	(538766)	Daily: 8am-10pm
EAST	NTUC FairPrice	100 Hougang Ave 10 #01-01/#02-01 Kang Kar	(538767)	Daily: 24 hours
EAST	NTUC FairPrice	Blk 476 Upper Serangoon View #02-18 Singapore	530476	Daily: 7am-11pm
EAST	DT28 - KAKI BUKIT	30 Kaki Bukit Avenue 1	415804	Daily: 5.52am - 12.26am
EAST	DT29 Bedok North Station	651 Bedok North Rd	479481	Daily: 5.50am - 12.28am
EAST	Yang & Yap Clinic & Surgery	537 Bedok North St 3 #01-571	460537	Monday - Friday: 9am-5.30pm, Saturday: 9am-12pm
EAST	Sheng Siong Supermarket	Blk 539A, Bedok North Street 3, #01-477	461539	Daily: 24 hours
EAST	Hougang Central Interchange (HCI)	840 Hougang Central	538757	Daily: 5am - 12.30am
EAST	St Luke's ElderCare (Hougang Centre)	Blk 126 Hougang Central, #01-502	530126	Monday - Friday: 7.30am - 6pm
EAST	Fei Yue Active Ageing Centre (Hougang)	Blk 174A Hougang Avenue 1 #01-1505	531174	Monday - Friday: 9.30am - 6pm
EAST	NEL KOVAN	900 UPPER SERANGOON ROAD	534799	Daily: 5.30am - 12.20am
EAST	NTUC Health Day Centre for Seniors(Ci Yuan)	51 Hougang Ave 9 #03-01	538876	Tuesday - Friday: 7am - 7pm
EAST	NEL HOUGANG	80 HOUGANG CENTRAL	588758	Daily: 5.30am - 12.22am
EAST	NTUC FairPrice Finest	Blk 202 Hougang St 21 #01-00 (530202)	(530202)	Daily: 24 hours
EAST	St Luke's ElderCare (Serangoon Centre)	Blk 217 Serangoon Ave 4 #01-166	550217	Monday - Friday: 7.30am - 6pm
EAST	NTUC FairPrice	Blk 152B Serangoon North Ave 1 #01-384 (552152)	(552152)	Daily: 24 hours
EAST	NTUC FairPrice Finest	1 Maju Ave #B1-11 to # B1-K09 Serangoon Gar	(556679)	Daily: 24 hours
EAST	Bedok Bougainvillea RC	Blk 4, Bedok South Ave 1, #01-831,	460004	Contact Bedok Community Centre for details at 6442 5317
EAST	Bedok Sunflower RC	Blk 33, Bedok South Ave 2, #01-345	460033	Contact Bedok Community Centre for details at 6442 5317
EAST	Bedok Bunga Merah RC	Blk 37, Bedok South Ave 2, #01-445	460037	Contact Bedok Community Centre for details at 6442 5317
EAST	Bedok Orchid RC	Blk 10C, Bedok South Ave 2, #01-562	462010	Contact Bedok Community Centre for details at 6442 5317
EAST	Bedok CC	850 New Upper Changi Road	467352	Daily: 10am - 6pm, Closed on PHs
EAST	Thye Hua Kwan (THK) Active Aging Centre @	Blk 12 Bedok South Road #01-610	460012	Monday - Friday: 9am - 5.30pm
EAST	DT34 Upper Changi Station	690 UPPER CHANGI ROAD EAST	485990	Monday - Saturday: 5:21am - 01:00 am, Sunday & PH: 5.41am - 1am
EAST	Simei Station	30 Simei Street 3	529888	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	NTUC FairPrice	3 Simei St 6 #05-01 Eastpoint (528833)	(528833)	Daily: 24 hours
EAST	Sheng Siong Supermarket	Blk 115, Bedok North Road, #01-319	460115	Daily: 24 hours
EAST	NTUC FairPrice	Blk 89 Bedok Nth St 4 #01-77/79 (460089)	(460089)	Daily: 24 hours
EAST	NTUC Health Centre For The Seniors (Fengsha	91 Bedok North St4 #01-1527	460091	Monday- Friday: 7.30am-6pm
EAST	Peacehaven Bedok Day Centre	Block 121, Bedok North Road, #01-161/163,	460121	Monday - Friday: 7am - 7pm
EAST	Perdous Centre (Bedok)	Blk 125 Bedok North Rd #01-115	460125	Tuesday - Friday 9am - 5pm
EAST	Bethesda Care Services	300 Bedok North Ave 3	469717	Daily: 9am - 5pm
EAST	Sheng Siong Supermarket	Blk 209, New Upper Changi Road, #01-631	460209	Daily: 24 hours
EAST	Bedok Station	315 New Upper Changi Road	467347	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	NTUC FairPrice Finest	311 New Upper Changi Road #B2-60 (467360)	467360	Daily: 8am - 11pm
EAST	NTUC Health Day Centre for Seniors (Bedok)	11 Bedok Street 11 #02-02	469662	Monday - Friday: 7.30am - 6pm
EAST	NTUC FairPrice	Blk 212 Bedok Nth St 1 #01-147 (460212)	(460212)	Daily: 24 hours
EAST	Bedok Interchange (BDI)	14 Bedok North Drive	465493	Daily: 5.30am - 12.30am
EAST	Sheng Siong Supermarket	Blk 151 Bedok South Road #01-13	460151	Daily: 7am - 11pm
EAST	Upper East Coast Terminal (ECT)	740 Upper East Coast Road	465549	Daily: 6am - 11.30pm
EAST	Tanah Merah Station	920 New Upper Changi Road	467356	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	DT35 Expo Station	2 Expo Drive	485985	Monday - Saturday: 5.15am-12.55am, Sunday & PH: 5.40am - 12.55am
EAST	Expo (EWL)	21 Changi South Avenue 1	486065	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	Peacehaven Changi Day Centre	7 Upper Changi Road North	507705	Monday - Friday: 7am - 7pm
EAST	Changi Airport (EWL)	70 Airport Boulevard	819661	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	NTUC FairPrice Finest	65 Airport Boulevard,Basement 2 North Unit B	819663	Daily: 8am - 10pm
EAST	NTUC FairPrice	Blk 57 New Upper Changi Rd #01-1334/1336/1	(461057)	Daily: 24 hours
EAST	NTUC FairPrice Xtra	8 Changi Business Park Ave 1 #01-51& #02-51	(486018)	Daily: 8am - 10pm
EAST	NTUC FairPrice Finest	5 Changi Business Park Central 1 #B1-09/10/1	(486038)	Daily: 10am - 10pm

EAST	NTUC FairPrice Finest	78 Airport Boulevard #B2-205 to 208 Jewel Ch	(819666)	Daily: 10am - 11pm
EAST	Sheng Siong Supermarket	377 Hougang Street 32 #B1-01 Hougang River	530377	Daily: 7am-11pm
EAST	St Luke's ElderCare (Golden Years Centre)	Blk 831 Hougang Central, #01-502	530831	Monday - Friday: 7.30am - 6pm
EAST	St Luke's ElderCare (Hougang Meadow Centre)	Blk 364, Upper Serangoon Road, #01-02	530364	Daily: 7am - 7pm
EAST	Martha Active Ageing Centre	Blk 364 Upper Serangoon Road #01-01	530364	Monday - Friday: 9am to 5.30pm, Saturday: 9am to 12.30pm
EAST	NTUC Health Day Centre for Seniors(Pasir Ris)	112 Pasir Ris St11 #01-657	510112	Monday - Friday: 7am - 7pm
EAST	Sheng Siong Supermarket	Blk 527D, Pasir Ris Street 51, #01-01	514527	Daily: 24 hours
EAST	Pasir Ris Bus Interchange	501 Pasir Ris Drive 3	519490	Daily: 7.30am - 8pm
EAST	Pasir Ris (EWL)	10 Pasir Ris Central	519634	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	NTUC FairPrice	1 Pasir Ris Central St 3 #B1-10 Whitesands (51	(518457)	Daily: 8am to 11pm
EAST	Club HEAL @ Pasir Ris East (East)	Blk 148 Pasir Ris St 13 #01-24	510148	Monday - Friday: 9am - 4pm
EAST	Sheng Siong Supermarket	Blk 258, Pasir Ris Street 21,Loyang Point Comp	510258	Daily: 7am - 11pm
EAST	NTUC FairPrice	e! Hub Downtown East 1 Pasir Ris Close #02-1	(519599)	Daily: 8am to 11pm
EAST	MWS Active Ageing Centre - Golden Lily	Blk 212A Pasir Ris Street 21, #01-616	511212	Monday - Friday: 9am - 5pm
EAST	AMKFSC Community Services Ltd. - COMNET	476A Pasir Ris Drive 6, #01-618	511476	Monday - Friday: 9am - 5pm, Closed on Weekends and PHs
EAST	Sheng Siong Supermarket	Blk 623, Elias Road, Elias Mall, #B1-01	510623	Daily: 24 hours
EAST	NTUC FairPrice	Blk 734 Pasir Ris St 72 #01-37 Pasir Ris West Pl	(510734)	Daily: 24 hours
EAST	Sheng Siong Supermarket	Blk 301, Punggol Central, #01-01	820301	Daily: 24 hours
EAST	Sheng Siong Supermarket	Blk 312A, Sumang Link, #01-04	821312	Daily: 24 hours
EAST	Sheng Siong Supermarket	Blk 660A, Edgedale Plains, #01-01	821660	Daily: 24 hours
EAST	NTUC FairPrice Finest	83 Punggol Central #B2-32 Waterway Point S	(828761)	Daily: 24 hours
EAST	NTUC FairPrice	Blk 612 Punggol Drive #01-06 S(820 612)	820 612)	Daily: 24 hours
EAST	AMKFSC Community Services Ltd. - COMNET	677B Punggol Drive, #01-774	822677	Monday - Friday: 9am - 5pm, Closed on Weekends and PHs
EAST	Punggol Bus Interchange	70A Punggol Place	828865	Daily: 7.30am - 8pm
EAST	NTUC FairPrice	Blk 168 Punggol Field Rd Punggol Plaza #03-01	(820168)	Daily: 7am-11pm
EAST	NTUC FairPrice	681 Punggol Oasis Terraces #B1-01, (820681)	(820681)	Daily: 7am - 11pm
EAST	St Luke's ElderCare (Sumang Centre)	Blk 222, Sumang Lane, #01-01	820222	Daily: 7am - 7pm
EAST	Sheng Siong Supermarket	Blk 231, Sumang Lane, #01-02	820231	Daily: 24 hours
EAST	AMKFSC Community Services Ltd. - COMNET	206A Punggol Place, #01-2030	821206	Monday - Friday: 9am - 5pm, Closed on Weekends and PHs
EAST	NEL PUNGGOL	70 PUNGGOL CENTRAL	828868	Daily: 5.30am - 12.30am
EAST	FairPrice Finest (Sengkang Grand)	70 Compassvale Bow Unit #B1-14	544692	Daily: 8am-11pm
EAST	NEL BUANGKOK	10 SENGKANG CENTRAL	545061	Daily: 5.30am - 12.24am
EAST	NTUC FairPrice	Blk 279 Sengkang East Avenue #01-06 (540279)	(540279)	Daily: 24 hours
EAST	NTUC FairPrice	Blk 277C Compassvale Link #01-13 (544277)	(544277)	Daily: 24 hours
EAST	St Luke's ElderCare (Rivervale Centre)	Blk 164 Rivervale Crescent, #01-01	540164	Daily: 7am - 7pm
EAST	AMKFSC Community Services Ltd. - COMNET	182 Rivervale Crescent, #01-311	540182	Monday - Friday: 9am - 5pm, Closed on Weekends and PHs
EAST	NTUC FairPrice	118 Rivervale Dr #01-08 Rivervale Plaza (5401	(540118)	Daily: 24 hours
EAST	NTUC FairPrice	11 Rivervale Crescent #03-01 Rivervale Mall (5	(545082)	Daily: 8am - 10pm
EAST	Compassvale Interchange (CVI)	51A Compassvale Road	544760	Daily: 5am - 12.45am
EAST	NEL SENGKANG	5 SENGKANG SQUARE	545062	Daily: 5.30am - 12.26am
EAST	Sengkang Interchange (SKI)	13 Sengkang Square	545077	Daily: 5am - 12.45am
EAST	Sheng Siong Supermarket	Blk 338, AnchorVale Crescent, #01-11	540338	Daily: 7am - 11pm
EAST	Sheng Siong Supermarket	Blk 351, Anchorvale Road, #01-05	540351	Daily: 24 hours
EAST	NTUC FairPrice	Blk 866A Tampines St. 83 #01-01 (521866)	(521866)	Daily: 7am to 11pm
EAST	NTUC FairPrice	1 Tampines Walk, Our Tampines Hub #B1-01	(528523)	Daily: 24 hours
EAST	Sheng Siong Supermarket	Blk 602A, Tampines Avenue 9, #01-01	521602	Daily: 24 hours
EAST	Tampines Care Home	31 Tampines Street 61,	528564	Daily: 24 hours
EAST	St Luke's ElderCare (Changkat Centre)	Blk 350 Tampines Street 33 #01-438	520350	Monday - Friday: 7.30am - 6pm
EAST	New Horizon Centre (Tampines)	Blk 362 Tampines Street 34, #01-377	520362	Monday - Friday: 7.30am - 6.30pm
EAST	St Luke's ElderCare (Tampines Centre)	Blk 101 Tampines Street 11 #01-13	521101	Monday - Friday: 7.30am - 6pm
EAST	NTUC FairPrice	Blk 107 Tampines St 11 #01-353/355/357/359	(521107)	Daily: 24 hours
EAST	NTUC FairPrice	Blk 138 Tampines St 11 #01-136 (521138)	(521138)	Daily: 24 hours
EAST	Sheng Siong Supermarket	Blk 506, Tampines Central, #01-361	520506	Daily: 24 hours
EAST	Tampines Interchange (TMI)	512, Tampines Central 1	520512	Daily: 5am - 12.50am

EAST	Tampines Concourse Interchange (TCI)	10A Tampines Concourse	528730	Daily: 5am - 11.30pm
EAST	SATA CommHealth Tampines Medical Centre	Blk 5 Tampines Central 6 #01-01A Telepark Bu	529482	Monday - Friday: 8.30am - 9pm, Saturday: 8.30am - 1pm
EAST	Tampines (EWL)	20 Tampines Central 1	529538	http://journey.smrt.com.sg/journey/station_info/admiralty/first-and-last-train/
EAST	DT32 Tampines	15 Tampines Central 1	529544	Monday - Saturday: 5.25 am - 12.40 am, Sunday & PH: 5.45 am - 12.40 am
EAST	DT33 - TAMPINES EAST	20 Tampines Ave 7	529623	Monday - Saturday: 5.30 am - 12.45 am, Sunday & PH: 5.45 am - 12.45 am
EAST	NTUC FairPrice	4 Tampines Central 5 #B1-12 Tampines Mall (S	(529510)	Daily: 8am to 11pm
EAST	Victory Family Centre, Tampines	No 20 Tampines St 43.	529151	Tuesday - Friday: 9am - 5pm
EAST	NTUC FairPrice	Blk 475 Tampines St 44 #01-145 (520475)	(520475)	Daily: 24 hours
EAST	LB SAC @ 434 TAMPINES	Blk 434 Tampines St 43 #01-77	520434	Monday to Friday, 9am to 6pm
EAST	LB SAC @ 499C TAMPINES	Blk 499C, Tampines Avenue 9, #01-256	523499	Monday to Friday, 9am to 6pm
EAST	LB SAC (SA) @ 494E TAMPINES	Blk494E, Tampines Street 43, #01-544	525494	Monday to Friday, 9am to 6pm
EAST	Evergreen Circle Active Ageing Centre	Blk 827A Tampines Street 81 #02-350	521827	Monday - Friday: 9am - 5pm, Saturday: 9am - 1pm
EAST	Sheng Siong Supermarket	Blk 872C, Tampines Street 86, #02-01	523872	Daily: 7am-12pm
EAST	DT31 Tampines West	2 Tampines Ave 4	529683	Monday - Saturday: 5.30 am - 12.40 am, Sunday & PH: 6.42 am - 12.40 am