



# JADe Digital Kit (Games)



**J·A·D·e**  
JOURNEY WITH ARTS & DEMENTIA

# Journey with Arts & Dementia (JADe)

Through the use of the JADe reminiscence starter kit, people living with dementia are encouraged to share their life experiences, memories and stories from the past. You may use this JADe Digital Kit containing images of reminiscence objects to engage your loved ones with dementia in conversation.

While they may not have experience with some of the items in the photos, go with their flow and encourage them to participate.

The theme for this deck of images is **Games**.

Suggested conversation time: 20 minutes

Suggested activity time: 20 minutes

Final wrap-up: 5 minutes

Total time: 45 minutes

This set of guiding questions applies for all the images in this series

### **Guiding Questions**

1. Have you seen this before?
2. What is this? How to make it? (I.e. 5 stones)
3. How to play with this?
4. When was your first time seeing this?
5. Perhaps you could share with me and show me how to use play this?
6. How was it like before compared to modern substitutes?



5 Stones

# 5 Stones

Also known as Batu Seremban,  
one of the kampong games  
during childhood days





# Goli (Marbles)

# Marbles(Goli)

More commonly known as Goli,  
it can be played in different  
ways





Top (Gasing)

# Top (Gasing)

Also known as gasing, this is a traditional top made from wood





# Chaptek

# Chaptek

Using the heel of the foot  
to kick, count with each  
kick





# Sisek Cards

# Sisek Cards

In Chinese, people called it "Si Se Pai"(Four Colour Cards), is a cards game



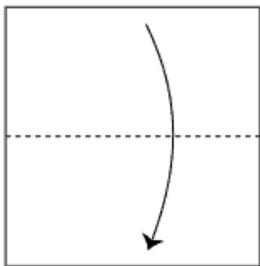
# Suggested Activity One

## Make a paper ball (1/2)

### Materials needed:

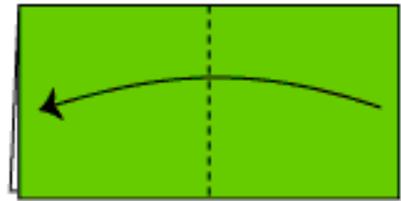
1. Square paper (The bigger the paper, the bigger your ball)
2. Different coloured markers (To decorate the ball)
3. Red or green beans (Optional to make the ball into a musical instrument)

# 1



Fold the paper in half and make a rectangle

# 2



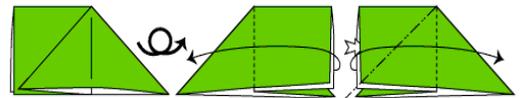
Fold in half again to make a square shape

# 3



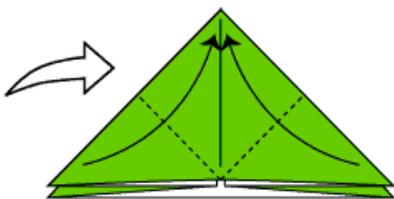
Open one half of the square created, swing the flap out and fold it down to create a triangle

# 4



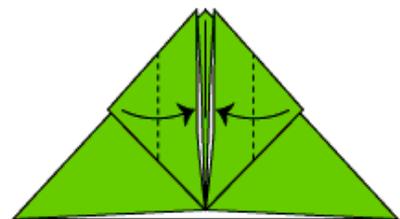
Flip over and repeat step 3 for the other side of the square created

# 5



Fold the bottom two corners of the triangle up to meet the top tip of the triangle

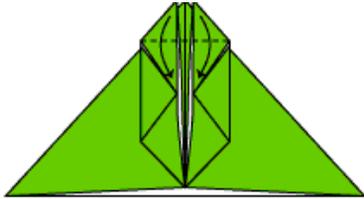
# 6



For the corners in to meet at the centre

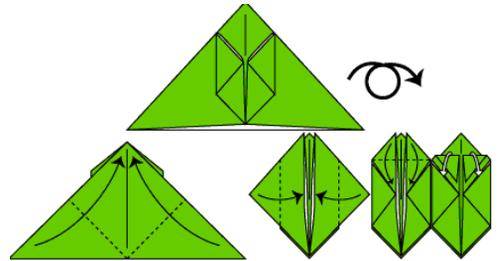
# Make a paper ball (2/2)

7



Fold the two top corners down and insert these flaps into the pockets created in Step 6

8



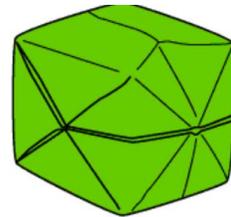
Flip over and repeat Steps 5 to 7 for the other side

9



Gently blow air into the small hole at the bottom of the figure

10



Once it inflates, you will have your paper ball

Instructions and images are taken from: [https://web-japan.org/kidsweb/virtual/origami2/exploring01\\_04.html](https://web-japan.org/kidsweb/virtual/origami2/exploring01_04.html)

To add more fun into the activity, encourage your loved one to decorate the ball using coloured markers or pencils.

To make the paper ball into a musical instrument, pop in red or green beans through the small hole, seal up the hole, and you can now shake the ball for some sound!

# Suggested Activity Two

## Make a paper plane (1/2)

### Materials needed:

1. Rectangle-shaped paper (The bigger the paper, the bigger your plane)
2. Different coloured markers (To decorate the plane)
3. Glue stick or double-sided tape (Optional to secure your plane)

# 1



Fold the paper in half vertically

# 2



Unfold the paper and fold each of the top corners towards the centre line

# 3



Fold the top side edges toward the centre line

# 4



Fold the plane in half with the folded edges inside

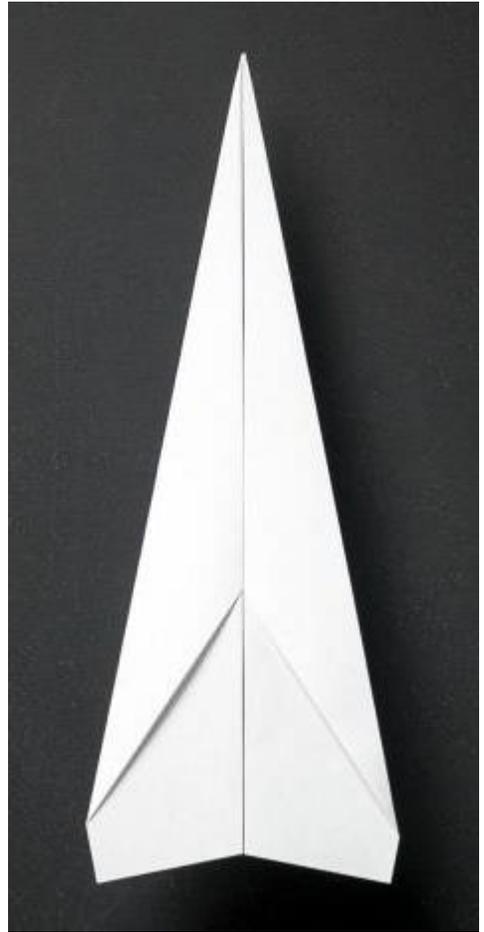
# Make a paper plane (2/2)

5



Fold the wings down, exposing the folded edges and matching the side edges to the Centre line

6



Use the glue or double-sided tape to secure the body of the plane. The finished paper should look like this.

Instructions and images are taken from: <https://www.diynetwork.com/made-and-remade/learn-it/5-basic-paper-airplanes>

There are many other forms of paper plane to try out in the link above. Try them for added variety and have a little contest to see which form flies faster and which flies longer.

To add more fun into the activity, encourage your loved one to decorate the plane using coloured markers or pencils.

This is part of a series of JADe Digital Kit. Other themes in this series include:

## Wedding

Household – Heritage items

Household – Lifestyle items

Household – Cooking items

